

DEBT WORRIES?

We'll help you find the right solution to alleviate financial stress.

902 425 3100

BDO Canada Limited
Trustee in Bankruptcy | Credit Counsellors | Proposal Administrators
www.bdoebthelp.ca

BDO Canada Limited is an affiliate of BDO Canada LLP, a Canadian limited liability partnership, a member of BDO International Limited, a UK company limited by guarantee, and form part of the international BDO network of independent member firms. BDO is the brand name for the BDO network and for each of the BDO Member Firms.



WINDS OF CHANGE BLOW BURKE OUT

THE TORONTO MAPLE LEAFS SHOCK THE HOCKEY
WORLD BY FIRING THEIR OUTSPOKEN GM

PAGE 18

HALIFAX

metro

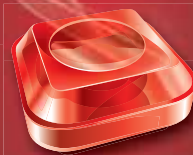
®

Thursday, January 10, 2013



metronews.ca | twitter.com/metrohalifax | facebook.com/metrohalifax

Weather your cold.



HALLS

We'll all feel better.

For the temporary relief of cough.
Always read and follow the label.



Dennis Manuge, the lead plaintiff in a class-action lawsuit over military-pension clawbacks, talks with reporters at a law office in Halifax on Wednesday. Lawyers representing the veterans say they've reached a tentative settlement with Ottawa worth \$887.8 million. **ANDREW VAUGHAN/THE CANADIAN PRESS**

Hike expected for water bills

A large increase may leave some high and dry, says the head of a food bank **PAGE 3**

E. coli connection

A Nova Scotia outbreak has been linked to cases in New Brunswick and Ontario **PAGE 5**

Tragic end for thrill seeker

Man dies in a zorb after the transparent plastic ball veers off course **PAGE 10**

Settlement for veterans worth \$888M

Long time coming.

Class-action lawsuit launched against Ottawa by local man over decades-old clawbacks results in victory for about 7,500 Canadians

A David-and-Goliath legal battle that pitted thousands of disabled Canadian veterans against the federal government is one step away from its finale.

Lawyers for the Porter's Lake man who launched the class-action suit nearly six years ago unveiled a settlement agreement Wednesday worth \$887.8 million.

"It's been an incredible journey and a very frustrating one at times, but someone asked if I'd do it again, and I would, in a heartbeat," said former military mechanic Dennis Manuge. "We made it through."

Highlights of settlement

- \$424 million in retro-active payments dating back to 1976
- \$1-million legal fund for veterans
- \$10-million scholarship fund for veterans and families

Manuge was injured in 2001, just before being deployed to Bosnia. He left the military in 2003, suffering from a lower-back injury and bouts of depression.

He filed the lawsuit over the practice of reducing disability benefits by the amount of a disability pension payment in March 2007, and legal wrangling over certification lasted until 2010.

In May, a federal court judge ruled the clawback wasn't per-

mitted, and negotiations on a settlement began in July 2012.

As lead plaintiff, Manuge said he's been kept abreast of negotiations, but said it's a relief to share the final dollar figure with the other 7,500 members of the class action.

"Money can't fix everything, but it can help with some of the daily stresses of putting food on the table, paying bills and all that kind of thing," he said. "Seventy-five hundred veterans can turn the page and move on with dignity to a better part of life."

Manuge said he's very satisfied with the settlement and believes most class members will support it, though he added there are other veterans' issues still waiting to be addressed.

"This was one major battle in a huge war, and it goes on," he said.

The package goes to Federal Court in Halifax for final approval on Feb. 14 and 15.

RUTH DAVENPORT/METRO



Believe In Your Future

Become an office administrator in 10 months

Today's office assistant must be competent in computer software, written and oral communication, organizational skills, and interpersonal skills. We provide our students a solid background in business and computer skills and instill in them a code of ethics needed to succeed in this role.

Enrol now for classes starting in January

MaritimeBusinessCollege.ca

45 Alderney Drive Suite 100, Dartmouth
800-320-6408



OFFER ENDS
JANUARY 31ST

HOME OF THE 5 YEAR, TOTAL COVERAGE WARRANTY



MSRP \$15,650

2013
Rio

LEASE FROM
\$199⁺
/MONTH

WITH
\$0
DOWN

RIO COMES STANDARD WITH:
POWER WINDOWS, SATELLITE RADIO
AND STEERING AUDIO CONTROLS,
53 MPG

DARE TO COMPARE

2013 KIA RIO LX	2013 TOYOTA YARIS 5 DOOR LE MODEL	2012 NISSAN VERSA HATCH S MODEL	2013 FORD FIESTA S MODEL
\$199/MONTH FOR 48 MONTHS	\$225/MONTH FOR 48 MONTHS	\$270/MONTH FOR 48 MONTHS	\$259/MONTH FOR 48 MONTHS
5 YEAR 100,000 KM WARRANTY	3 YEAR, 60,000 KM WARRANTY	3 YEAR, 60,000 KM WARRANTY	3 YEAR, 60,000 KM WARRANTY
POWER WINDOWS	NO POWER WINDOWS	NO POWER WINDOWS	NO POWER WINDOWS
6 SPEED MANUAL	5 SPEED MANUAL	6 SPEED MANUAL	5 SPEED MANUAL
SATELLITE RADIO	NO SATELLITE RADIO	NO SATELLITE RADIO	NO SATELLITE RADIO
STEERING WHEEL CONTROLS	NO STEERING WHEEL CONTROLS	NO STEERING WHEEL CONTROLS	NO STEERING WHEEL CONTROLS



WE'VE GOT YOU COVERED
*5-year/100,000 km, worry-free
comprehensive warranty.

**\$500 DND
DISCOUNT**

**MILITARY
BENEFIT**



O'REGAN'S
DRIVING HIGHER STANDARDS

**KIA
HALIFAX
DARTMOUTH**

HALIFAX
3330 KEMPT ROAD
453-3477

DARTMOUTH
402 WINDMILL ROAD
466-9550



The Power to Surprise

WWW.OREGANSKIA.COM

*OAC, 16,000 kms/year. First payment, license registration + tire recovery fee due on delivery. Payment from competitive models obtained from nissan.ca, toyota.ca and ford.ca. Offer ends January 31st, 2013. See dealer for details.

Big hikes in the works for Halifax water bills

Dire straits. Head of Parker Street Food and Furniture Bank says proposed increase will prove insurmountable for many



ANDREW RANKIN
andrew.rankin@metronews.ca

The head of a local food and furniture bank says his clients simply won't be able to cope with a plan to increase

the average water bill by nearly \$200 over two years.

The Halifax Regional Water Commission filed an application for rate increases with the Nova Scotia Utility and Review Board on Wednesday.

If approved, average rates would jump by \$17.84 per quarterly billing cycle in Year 1 and by \$29.47 per quarter in Year 2.

Mel Boutilier of the Parker Street Food and Furniture Bank said the city would find out quickly what those changes mean to the hundreds of low-income

Quoted

"There's no way that these people can take any more increases in anything. It's really quite that bad."

Mel Boutilier, founder, Parker Street Food and Furniture Bank

families he serves.

"These people don't have an extra \$200," said Boutilier. "It's becoming impossible for these people to meet the necessities of life and I'm wondering what the city is prepared to do to help them?"

"One of my families,

which has three children, can't afford to fill their oil tank and they haven't had heat for the last three days."

Halifax Water officials could not be reached for comment.

The utility issued a release Wednesday stating the proposed increase is

necessary to replace and maintain aging infrastructure that must meet stricter health guidelines.

"Delaying these investments is not an option from an economic, environmental or quality of life perspective," said Halifax Water board chair Colleen Purcell.

The release states that even with the increases, water costs in HRM will remain among the lowest in the country.

If the application is approved, the new rates would take effect on July 1, 2013, and April 1, 2014.

Dartmouth

Man seriously hurt after stabbing

A 39-year-old man is in hospital and a 50-year-old man is in police custody after a stabbing in Dartmouth on Wednesday night.

Police were called to an apartment in the 200 block of Pleasant Street at 7:20 p.m. after two men got into a fight inside one of the residences.

One of the men was stabbed with a knife and taken to hospital with what police described as serious but non-life-threatening injuries.

The other man, 50, was taken into police custody. Police say charges haven't been determined and the stabbing wasn't random.

This is the second serious violent act to take place in Dartmouth this week. On Monday evening, a man was shot in the backyard of an apartment on Primrose Street and Pinecrest Drive. He died in hospital the next day.

PHILIP CROUCHER/METRO



Manoeuvring Halifax Harbour en route to Arabian Sea

HMCS Toronto passes by Georges Island on Tuesday morning while conducting manoeuvres in Halifax Harbour. The ship is scheduled to deploy to the Arabian Sea shortly to replace HMCS Regina in support of Operation Artemis. JEFF HARPER/METRO

1 NEWS

Don't wait too long...

SAVE **20%** **30%** **40%**

JAN. 11-17 JAN. 18-24 JAN. 25-FEB. 2

FIREWORKS GALLERY
Jewellery like nothing else on earth.

SALE INCLUDES ALL INVENTORY IN STOCK. DOES NOT INCLUDE REPAIRS, CUSTOM WORK OR ARTIST CONSIGNMENTS.

FireWorksGallery.com

Maritime Travel 20th Annual

VACATION SUPERSTORE

Jan 12 & 13 | World Trade & Convention Centre
Halifax, Nova Scotia
Saturday: 9:30am - 5:30pm
Sunday 10am - 5pm

Over \$35,000 in prizes to be won!

Book at the show & SAVE BIG!

The Two HOTTEST Days of Winter

Monster DOOR CRASHER specials!

BONUS
The first 200 people each day will receive a
PARK'N'FLY AIRPORT PARKING
Plus a happy lunch bag!

Maritime Travel 20th Anniversary

VACATION SUPERSTORE

January 12 & 13
Halifax World Trade & Convention Centre
Saturday: 9:30am - 5:30pm • Sunday: 10am - 5pm
Save \$200 OFF ADMISSION
Admission: \$8 or \$6 with this coupon

HolaSun The Cuba Specialist | **AIR CANADA** VACATIONS | **MELIÀ** HOTELS INTERNATIONAL

Beaches | **transat** your vacation people | **Sunquest** | **MELIÀ** HOTELS INTERNATIONAL CUBA

sunwing.ca | **Sandals** | **Signature.ca** | **moltours**

For the most up-to-date details, visit maritimetravel.ca



Director Geoff D'Eon models a pair of imitation "Beats" purchased for \$40 in Shenzhen, China, during the making of his documentary *Counterfeit Culture*. The headphones normally retail for more than \$300. JEFF HARPER/METRO

Making it by faking it

New documentary. Halifax director exposes impact of counterfeit goods



HALEY RYAN
haley.ryan@metronews.ca

The average customer who scores a great deal on knockoff headphones probably doesn't realize they're contributing to the "crime of the century."

Counterfeit Culture, a documentary airing on CBC's Doc Zone this Thursday, explores how fake goods have made their way into households — with sometimes serious consequences.

"So what if Louis Vuitton is deprived of \$2,000 for their handbag ... the problem is

Get real

"People are blissfully unaware and I wish they weren't."

Geoff D'Eon, director of the documentary *Counterfeit Culture*

we're not just talking about luxury goods," said the film's director, Geoff D'Eon of Halifax. "We're talking about drugs or medicines which people buy online, which are not only ineffective but can actually kill you."

The documentary includes the story of a British Columbia woman who ordered medicine from a website that appeared to be operated by a Canadian pharmacy but was actually run by a Russian crime organization selling toxic pills.

Counterfeiting is more lu-

crative than heroin or human trafficking, D'Eon said, and the penalties are usually fines.

"If you're a criminal, you'd be crazy to traffic anything other than counterfeits," he said.

D'Eon said that by buying "the small stuff," like fake designer bags or Canada Goose jackets, consumers open the door for all of it.

He said the main drivers of the explosion of counterfeiting in the last 20 years are globalization and the Internet, which allows criminals to move goods quickly and anonymously.

"The third factor is people generally love stuff," D'Eon said. "We've created a world where ... our cravings for material goods can be indulged at cut prices because we're not buying the real thing."

Get me on that flight!

UK man charged after airport disturbance

A 37-year-old man from the UK is facing several charges, including resisting arrest and breach of security, after a drunken outburst at the Halifax Stanfield International Airport Tuesday night. Police say the man became loud and destructive and began kicking bags around after being denied flight. Officers were called to the scene around 11:30 p.m. The man allegedly resisted arrest and tried to pry open security doors to get to the airport's departure area. **ANDREW RANKIN/METRO**

Snow removal. More consistent HRM budget reporting on the way

HRM officials are working on a new "reporting structure" for the snow-removal budget.

Nearly \$14 million of the \$19.8-million budget is allocated to fixed costs — money that will be paid out regardless of how much snow has fallen.

That means the amount that's been spent could vary from day to day, depending on payout dates for the fixed-cost elements.

Communications staff tell Metro Halifax they're setting up a structure for releasing the snow-removal costs in a consistent manner. **METRO**



HRM staff is working on a new way to allocate the snow-removal budget. METRO FILE

Nova Scotia E. coli outbreak now linked to Ontario

Waiting game. Gov. investigation reveals nationwide outbreak, source still unknown



ANDREW RANKIN
andrew.rankin@metronews.ca

Nova Scotia's E. coli outbreak has been linked to another outbreak in Ontario.

Laboratory testing of five samples taken from 10 infected Nova Scotia residents match those of four infected in Ontario and six others in New Brunswick, said the province's deputy chief medical officer on Wednesday.

"This is really a national outbreak so it means that the Public Health Agency of Canada has to look across the board at all three provinces and the



Dr. Robert Strang FILE PHOTO

cases that they've been having in those food-chain distributions," said Dr. Frank Atherton.

Each match the E. coli 0157 strain.

Results from the other five Nova Scotia specimens are expected by Friday, but could take longer.

Nova Scotia chief medical officer of health Dr. Robert Strang

said Monday that officials believe the E. coli outbreak originated in a restaurant in the form of produce, such as lettuce.

"We believe that it is something that has gone through the food chain to a number of restaurants," said Atherton.

The Public Health Agency of Canada and Canadian Food Inspection Agency are leading the investigation to find a source — though the odds of success are slim.

"There's never any guarantee with these outbreaks that we'll find a source," said Atherton. "When there's an outbreak of E. coli we have a range of foods that can be a likely source and in this case there are a whole range of foods and a broad range of restaurants."

The ages of Nova Scotians infected with E. coli range between 18 and 83 years old. All have either recovered or are recovering.

Laura Jessome case. Police list murder suspects in court documents

Cape Breton Regional Police have named the men they believe murdered 21-year-old Laura Catherine Jessome, even though they have not yet charged the two suspects.

Court documents filed by police in December for two men charged with being accessories after the fact identify Glace Bay residents Thomas Barrett, 37, and Morgan James MacNeil, 21, as the people suspected of killing Jessome.

Jessome's body was pulled from the Mira River on May 25, 2012, stuffed inside a hockey bag.

Both Barrett and MacNeil are currently being held in the Cape Breton Correctional Centre on a host of unrelated charges.

The court informations for Robert Edwin Matheson, 49, and Bryan Augustine Deruelle,



Laura Jessome METRO FILE

37, also of Glace Bay, allege the pair knew that Barrett and MacNeil had murdered Jessome and helped them for the purpose of escaping.

"I have never seen such a thing before. I am as surprised as everyone else," Barrett's defence lawyer Tony Mozvik said after learning police had named his client as a murder

suspect.

MacNeil's defence lawyer was not immediately available for comment Tuesday.

Cape Breton chief Crown attorney Dan MacRury said the Crown does not need a murder charge to prosecute the accessory charges.

Police spokeswoman Desiree Vassallo said Tuesday a team of investigators continues to actively work on the Jessome case.

"We will keep going until we get everyone responsible," she said.

Jessome was last seen alive May 2, 2012, in the New Aberdeen area of Glace Bay. Since the discovery of her body, regional police have searched a number of Glace Bay locations and uncovered what they've described as several key pieces of evidence. **CAPE BRETON POST**

Break-ins

C.B. man gets prison time

A Cape Breton man who pleaded guilty to more than a dozen charges in relation to several break-ins is going to prison.

Police charged Derrick Evan Skinner, 23, with a long list of offences in connection to break-ins at several businesses.

THE CANADIAN PRESS

Car-pedestrian collision

79-year-old driver charged

A 79-year-old woman from Halifax has been ticketed after a car-pedestrian collision Wednesday.

A 65-year-old woman was crossing the street when a car hit her and knocked her to the ground.

Paramedics treated her at the scene for minor injuries. **METRO**

Health

Premier officially opens emergency centre in Pugwash

Premier Darrell Dexter joined representatives of the Cumberland Health Authority in Pugwash Wednesday to officially open the province's newest collaborative emergency centre.

AMHERST DAILY NEWS

Saturday January 12, 2013

Room I

10:10	Follow your Lucky Star... Iberostar Hotels & Resorts in Cuba and the Dominican Republic
10:50	Discover SeaWorld, Aquatica, Busch Gardens & Discovery Cove and hear from Visit Orlando
11:30	Discover Cancun & the Mayan Riviera with Sunquest: Explore the history, adventure and beaches!
12:10	Experience Excellence in Cuba Resorts - Melia Hotels (Cuba Division)
12:50	Jammin' in Jamaica - the Dream Vacation with Air Canada Vacations!
1:30	See the Extraordinary at Universal Orlando Resort and hear from Visit Orlando
2:10	Follow your Lucky Star... Iberostar Hotels & Resorts in Cuba and the Dominican Republic
2:50	Affordable Getaways in Cuba and the D.R. with Air Canada Vacations!
3:30	Treat Yourself - Discover the Maritime Travel Online Wedding & Gift Registry

Room II

10:20	What's New with Riu Hotels & Resorts
11:00	The AMResorts Collection - discover all-inclusive luxury at its best
11:40	See the Extraordinary at Universal Orlando Resort and hear from Visit Orlando
12:20	Discover the Caribbean with Sandals Luxury Included Resorts
1:00	Family Fun vacations with Transat Holidays!
1:40	Fun for all with Beaches Resorts in Jamaica & Turks & Caicos!
2:20	Get MORE on Vacation - Discover the Transat Holidays Distinction Collection, NoliPlus & the ITZone
3:00	Punta Cana: The fastest growing tourist destination in the Caribbean with Sunquest
3:40	Discover SeaWorld, Aquatica, Busch Gardens & Discovery Cove and hear from Visit Orlando

Room III

10:10	Asia, Turkey, Egypt - Go off the beaten track with On The Go Tours.
10:50	A Holiday Experience Like No Other with Occidental Hotels and Resorts
11:30	Jammin' in Jamaica - the Dream Vacation with Air Canada Vacations!
12:10	Explore the Beauty of Cuba with HOLA Sun Holidays - the Cuba experts!
12:50	The World According To G Adventures: Welcome to the Time of Your Life
1:30	Ireland Gathering with Insight Vacations
2:10	Florida's Private Pool Homes, Townhomes & Condos
2:50	What's New with Riu Hotels & Resorts
3:30	Destination Weddings with Melia Hotels (Cuba Division)

Room IV

10:40	Collette Vacations - Escorted Tours that allow you to see the world like never before
11:20	Experience Britain and Europe with the "Insider" Trafalgar. See the World from the Inside".
12:00	Transat Holidays Luxury Collection: Holidays at the Height of Luxury & The Experience Collection: Escapades and DUOS
12:40	Travel Europe and the World with Globus!
1:20	Melia Hotels International... Passion for Service and Where Everything is Possible!
2:00	Experience Kissimmee, Florida, The Gateway to Fun!
2:40	Join Exotik Tours on an educational journey through Russia and Eastern Europe
3:20	Malaysia, Truly Asia with Tourism Malaysia

Room V

10:10	Discover River Cruising with Avalon Waterways
10:50	A Million Ways to Have Fun with Carnival Cruise Lines!
11:30	Modern Luxury with Celebrity Cruises
12:10	A Million Ways to Have Fun with Carnival Cruise Lines!
12:50	Viking River Cruises - Setting a New Standard
1:30	Royal Caribbean: Now Every Ship is Our Best Ship! Oasis Class Upgrades on our Entire Fleet!
2:10	The World by Water - Cruising with Air Canada Vacations
2:50	Sail Away with Transat Holidays Cruises!
3:30	The World by Water - Cruising with Air Canada Vacations

Sunday January 13, 2013

Room I

11:00	Experience Kissimmee, Florida, The Gateway to Fun!
11:40	Transat Holidays Luxury Collection: Holidays at the Height of Luxury & The Experience Collection: Escapades and DUOS
12:20	Discover Cancun & the Mayan with Sunquest: Explore the history, adventure and beaches!
1:00	Tips of a Lifetime - From Italy to Spain to Costa Rica... Discover the magic of our own Small Group Adventures
1:40	Malaysia, Truly Asia with Tourism Malaysia
2:20	Punta Cana: The fastest growing tourist destination in the Caribbean with Sunquest
3:00	The AMResorts Collection - discover all-inclusive luxury at its best
3:40	Follow your Lucky Star... Iberostar Hotels & Resorts in Cuba and the Dominican Republic

Room II

10:50	Paradise in the South Pacific with Boomerang Tours
11:30	Affordable Getaways in Cuba and the D.R. with Air Canada Vacations!
12:10	A Holiday Experience Like No Other with Occidental Hotels and Resorts
12:50	Melia Hotels International... Passion for Service and Where Everything is Possible!
1:30	Discover the Caribbean with Sandals Luxury Included Resorts
2:10	Jammin' in Jamaica - the Dream Vacation with Air Canada Vacations!
2:50	Discover the Caribbean with Sandals Luxury Included Resorts
3:30	What's New with Riu Hotels & Resorts

Room III

11:00	Follow your Lucky Star... Iberostar Hotels & Resorts in Cuba and the Dominican Republic
11:40	Ireland Gathering with Insight Vacations
12:20	Affordable Getaways in Cuba and the D.R. with Air Canada Vacations!
1:00	Get MORE on Vacation - Discover the Transat Holidays Distinction Collection, NoliPlus & the ITZone
1:40	Experience Excellence in Cuba Resorts - Melia Hotels (Cuba Division)
2:20	The World According To G Adventures: Welcome to the Time of Your Life
3:00	Travel Europe and the World with Globus and Avalon Waterways!
3:40	Ireland Gathering with Insight Vacations

Room IV

10:50	Florida's Private Pool Homes, Townhomes & Condos
11:30	Collette Vacations - Escorted Tours that allow you to see the world like never before
12:10	Explore the Beauty of Cuba with HOLA Sun Holidays - the Cuba experts!
12:50	See the Extraordinary at Universal Orlando Resort and hear from Visit Orlando
1:30	Experience Britain and Europe with the "Insider" Trafalgar. See the World from the Inside".
2:10	Family Fun vacations with Transat Holidays!
2:50	Discover SeaWorld, Aquatica, Busch Gardens & Discovery Cove and hear from Visit Orlando
3:30	Experience Britain and Europe with the "Insider" Trafalgar. See the World from the Inside".

Room V

11:00	Viking River Cruises - Setting a New Standard
11:40	The World by Water - Cruising with Air Canada Vacations
12:20	Sail Away with Transat Holidays Cruises!
1:00	A Million Ways to Have Fun with Carnival Cruise Lines!
1:40	Modern Luxury with Celebrity Cruises
2:20	Sail Away with Transat Holidays Cruises!
3:00	Azamara Club Cruises - Longer Stays, More Overnights and Night touring!

Lotto win fallout

Wife of slain U.S. lottery winner questioned

Chicago police investigating the mysterious cyanide death of a lottery winner questioned his wife for more than four hours and executed a search warrant on their home.

Shabana Ansari's attorney, Steven Kozicki, says Ansari was subjected to a long session of questioning at a police

station in November and that detectives searched the home.

Ansari would not talk about the circumstances of her husband's death, saying it was too painful to recall. She said only that he fell ill shortly after they ate dinner together. Khan died just days before he was to collect \$425,000 in lottery winnings.

Authorities initially ruled the death a result of natural causes, but further tests showed he was poisoned and his death was reclassified as a homicide.

THE ASSOCIATED PRESS

Get your bling

Duffel bags full of jewelry a headache for N.Y. police

Police in upstate New York face a daunting task in finding owners for jewelry and other valuables discovered stuffed into 31 duffel bags.

Few clues point to the owners of the roughly 30,000 items discovered after 39-year-old John Suddard's recent arrest. So police in the village of Hudson Falls near the Ver-

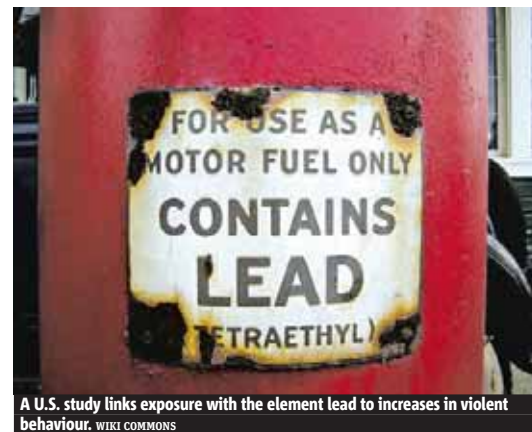


A pile of jewelry among the mass of seized stolen goods.

THE ASSOCIATED PRESS

mont border are taking the novel step of displaying the items at the local high school Wednesday night.

THE ASSOCIATED PRESS



A U.S. study links exposure with the element lead to increases in violent behaviour. WIKI COMMONS



RBC Royal Bank

Great mortgage rates. Plus more.

2.99%
3-Year Fixed Rate¹

and great rates
in between

3.59%
7-Year Fixed Rate¹

Short-term flexibility, long-term stability
and everything in between.

- + Up to 120 day rate guarantee¹
- + We'll cover your switching costs²
- + Flexible pre-payment options
- + Home Equity Credit Line at Prime + 1/2% (Prime + 1% at other banks)³
- + Canada's largest mortgage specialist team – advice that comes to you

Speak with an RBC Royal Bank[®] mortgage specialist today.
1-866-864-0420

Advice you can bank on[™]



¹ These rates are special discounted rates below our posted rate and are only available on mortgage applications that fund within 120 days of the start date of the application. Terms and conditions apply. Not available on construction draw mortgages. These rate offers may be changed, withdrawn or extended at any time, without notice. Not available in combination with any other offer or rate discount. Other terms and conditions apply. The Annual Percentage Rate (APR) is based on a \$200,000 mortgage and a mortgage processing fee of \$250. Fee may

vary depending upon type of property and location. For 2.99%, 3 year fixed rate offer, APR is **3.04%**. For 3.59%, 7 year fixed rate offer, APR is **3.61%**.² We will pay the basic title insurance fee, processing fee and one discharge fee (up to \$300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance \$50,000. ³ The interest rate will fluctuate with the Prime Rate and is subject to change at any time without notice. These rates can be changed, withdrawn or extended at any time without notice. Residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Link found between lead exposure and violent crime

Study. Findings say exposure attacks the brain's neuron connections, causing lower IQ, attention-deficit disorder and aggression

It's everywhere

Lead can be found in many forms around the home, including:

- **Walls.** Homes built before 1980 commonly used lead paint.
- **Containers.** Pottery and crystal, especially from Latin America, can be lead-glazed.
- **Soil** contains trace lead, and concentration is higher in urban areas.

It's in your lipstick, pencil and front garden, and scientists now claim to have proven that the metal element lead causes violent crime. Wide-ranging research into a "public health catastrophe" showed people exposed to lead as children are more likely to offend as adults.

Using data from 90 U.S. cities since the 1950s, researchers at the University of Tulane, New Orleans, found that violent crime rates mirrored lead emissions.

They rose sharply around 20 years after the introduction of leaded gasoline and began to fall the same interval after it was phased out in the 1970s.

Crime rates remained high only in cities where

emissions remained high. The correlation also applied at a neighbourhood level and the data is even being used by local police forces.

Researchers balanced the findings against social factors such as income, education and race, but the results remained consistent. The research was "carefully controlled," said independent toxicologist Prof. Alastair Hay of the University of Leeds, who was "convinced" by the conclusion.

KIERON MONKS/METRO WORLD NEWS

FLIGHT CENTRE[®] Unbeatable

Charlottetown 2 Nights

\$154
from pp

INCLUDES downtown accom near attractions.
UPGRADE to 4-star accom from \$14 per night.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex: Halifax. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air, pp/ppr person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change.

ATLANTICCHEVROLET.CA

Botched probe must spark change: Lawyer

Soldier suicide.
Investigation designed to absolve military, argues retired colonel

The pain endured by the family of an Edmonton soldier who killed himself should be used as a springboard for changes to the treatment of veterans and their loved ones, the family's lawyer said Wednesday.

The investigations into the 2008 suicide of Cpl. Stuart Langridge were handled in an inept manner, retired colonel Michel Drapeau told the Military Police Complaints Commission hearing.

After eight months of work and 92 witnesses, the hearing ended Wednesday, with Drapeau and lawyers for the government pressing their cases for a final time.

The public interest hearing was convened following complaints from Langridge's family that the investigation into their son's death was biased and designed to absolve the military.

Langridge, a veteran of Afghanistan and Bosnia, hanged himself in March 2008 following treatment for drug and alcohol addiction in a civilian hospital.

The inquiry heard how military police concealed Langridge's suicide note from his parents for 14 months, claiming it was evidence in a suspicious-death probe. The investigators stuck to the line even though the coroner at the scene described it as a clear-cut case of suicide.

Had the note been released immediately, several subsequent complications — including difficulties figuring out who was Langridge's next of kin and what kind of funeral he wanted — could have been avoided, the hearing was told.

But the National Investigation Service has acknow-

ledged it mishandled the note and has improved its procedures since, said Korinda McLaine, lawyer for the federal government.

"Although it may be tempting to look back on the investigations with the perfect lens of hindsight, that would not be fair to the subjects in this complaint," she said.

There were also conflicting claims about whether the troubled soldier was on a suicide watch prior to his death. If so, the military would have been liable for his death.

The inquiry also heard how the final military police report into the death was heavily rewritten and censored.

All of this was to protect the military, not respect Langridge or his family, Drapeau said.

THE CANADIAN PRESS

Unimpressed

"It has created an extra layer of pain ... that was preventable ... had a modicum of transparency, accountability and basic compassion been displayed."

Retired colonel Michel Drapeau on investigations into the suicide of Cpl. Stuart Langridge.

Hearing date set. Alleged murderer Luka Magnotta returns to the courtroom

A shackled Luka Rocco Magnotta remained impassive as he made his first court appearance since last June on a first-degree murder charge in the gruesome slaying of a Montreal university student.

Lawyers set the stage on Wednesday for a preliminary hearing beginning March 11.

The hearing, which will determine whether the 30-year-old Ontario native is sent to trial, is scheduled to last at least two weeks and possibly resume in June.

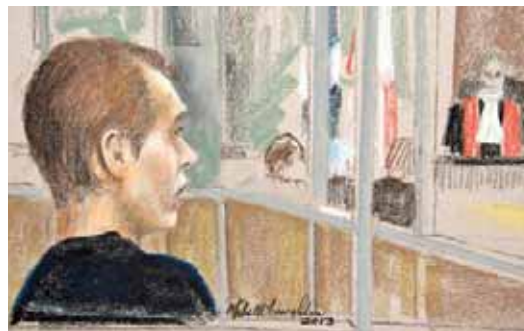
Magnotta is charged with

first-degree murder in the slaying and dismemberment of Chinese engineering student Jun Lin last May.

Most of the contents of Wednesday's 35-minute hearing cannot be revealed because of a publication ban.

Magnotta faces other charges: Committing an indignity to a body; publishing obscene material; criminally harassing Prime Minister Stephen Harper and other members of Parliament; and mailing obscene and indecent material.

THE CANADIAN PRESS



An artist rendering of alleged killer Luka Rocco Magnotta in a Montreal court on Wednesday. MIKE MCLAUGHLIN/THE CANADIAN PRESS

Newtown shooting

Obama to take drastic action on gun control: VP

U.S. President Barack Obama intends to take serious action on gun control, even if it means circumventing Congress and issuing executive orders to do so, Joe Biden suggested Wednesday.

"The president is going to act," said the vice-president, who's heading a task force on gun control.

Last month's mass shooting in Newtown, Conn., has necessitated "immediate, urgent action," Biden added.

Obama hopes to announce his administration's gun-reform measures shortly after his inauguration on Jan. 21.

The inaugural weekend festivities might be disrupted by a coalition of conservative and gun-rights groups organizing a "Gun Appreciation Day" on the weekend of the inauguration. The group is calling on people to visit gun stores, gun ranges and gun shows with U.S. flags and "Hands off my gun" signs.

THE CANADIAN PRESS

CALLING ALL KIDS! YOU CAN DESIGN OUR MASCOT!



TORONTO 2015
Pan Am/Parapan Am

Submissions accepted
until March 8, 2013

TORONTO 2015

MASCOT

CREATION CHALLENGE

Get Ready to create. Go to
Toronto2015mascot.ca



LEAD PARTNER

Canada

FUNDING PARTIES

BAILLEURS DE FONDS

Ontario

No purchase necessary. Begins Jan 7/13 at 9:00 a.m. ET and ends Mar 8/13 at 11:59 p.m. ET. Open to legal residents of Canada (6+ / 13+ in Quebec). Must enter in teams of two (2) to six (6) people. Enter online and see full rules (including submission and entry requirements) at toronto2015mascot.ca. One (1) prize available (opportunity for winning team to visit with the TORONTO 2015 official mascot—subject to availability and scheduling). Prize has NO cash value. Odds depend on number and calibre of eligible entries. Skill-testing question required.



In this 2006 file photo, an Iraqi army soldier closes the door of a cell in Abu Ghraib prison on the outskirts of Baghdad after the Iraqi government took over control from U.S. forces. Former inmates at the prison have received compensation from a defence contractor whose subsidiary was accused in a lawsuit of conspiring to engage in torture at Abu Ghraib.

HALID MOHAMMED/THE ASSOCIATED PRESS

Iraqi ex-prisoners paid millions in torture lawsuit

Abu Ghraib. Military investigation in 2004 identified 44 alleged incidents of detainee abuse at infamous jail

A defence contractor whose subsidiary was accused of conspiring to torture detainees at the infamous Abu Ghraib prison in Iraq has paid \$5.28 million US to 71 former inmates held there and at other U.S.-run detention sites from 2003 to 2007.

The settlement in the case

involving Engility Holdings Inc. marks the first successful effort by the former prisoners' lawyers to collect money from a U.S. defence contractor in lawsuits alleging torture. Another contractor, CACI, is expected to go to trial over similar allegations this summer.

The payments were disclosed in a document that Engility filed with the U.S. Securities and Exchange Commission but has gone essentially unnoticed for two months.

The defendant in the lawsuit, L-3 Services Inc., now an Engility subsidiary, provided

translators to the U.S. military in Iraq.

L-3 Services "permitted scores of its employees to participate in torturing and abusing prisoners over an extended period of time throughout Iraq," the lawsuit asserts. It claims the company "wilfully failed to report L-3 employees' repeated assaults and other criminal conduct by its employees to the United States or Iraq authorities."

Several inmates said they were raped, and many said they were beaten and kept naked for extended periods of time. **THE ASSOCIATED PRESS**



Go ahead and make long distance calls right from your **Mobile Phone**



Mexico 1¢	Venezuela 1¢	Israel 1¢	UAE 14¢
Cuba 89¢	Croatia 2¢	Bangladesh 3¢	Iran 4¢
Philippines 10¢	Kazakhstan 4¢	Romania 1¢	Vietnam 3¢

India
1000 Minute bundle only \$10/month
1¢/minute

Unlimited Canada
Unlimited calling to anywhere in Canada
\$5/month

Limited Time Offer
\$25 FREE
No commitments, No contracts
... Just FREE long distance!



Download our Comwave Mobile App
3 Day Free Trial

1-866-519-8090

www.comwave.net

While Comwave offers, for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on comparison lowest advertised rates for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. \$25 free promotion is applied 25 per month for 3 months. No minimum usage required. Calls to Comwave Mobile Phones may be billed at a higher rate. Unlimited scope is governed by our Fair Usage policy to prevent abuse available at www.comwave.net/terms.

GoodLife FITNESS PRESENTS... **optmyz live HEALTH EXPO** HALIFAX
HEALTH, FITNESS & LIFESTYLE SHOW
JANUARY 19-20, 2013 EXHIBITION PARK, HALIFAX, NS
THE GREATEST SHOW ON YOU.

ZONE SPONSORS: C100, CAA, FlyHalifax.com, GENUINE HEALTH, Centric Health & LifeMaze

KEY SPONSORS: metro, mlt, spartan fitness, Astre, Atlantic, billypower, eSleSmith, eede, insight, Jofeyr, FISH ON TUESDAY, uibe

Commuting. Ferry strikes dock in Manhattan, injuring dozens, 11 badly

A high-speed ferry loaded with hundreds of commuters from New Jersey crashed into a dock in lower Manhattan on Wednesday during the morning rush hour, seriously injuring 11 people, including one who suffered a severe head wound falling down a stairwell.

Scores of people who had been standing, waiting to disembark, were hurled to the deck or launched into walls by the impact, which came after the catamaran Seastreak Wall Street slowed following a routine trip across New York Bay and past the Statue of Liberty, passengers said.

"We were pulling into the dock. The boat hit the dock. We just tumbled on top of each other. I got thrown into everybody else.... People were hysterical, crying," said Ellen Foran, 57, of Neptune City, N.J.

The collision, which ripped open a small part of the hull like an aluminum can, happened at 8:45 a.m. at a pier near the South Street Seaport at Manhattan's southern tip. Around 70 people suffered minor injuries, and for nearly two hours paramedics treated bruised and dazed passengers on the pier.

THE ASSOCIATED PRESS



An injured passenger from the Seastreak Wall Street ferry is interviewed by a police officer in New York Wednesday. RICHARD DREW/THE ASSOCIATED PRESS

Ride down Russian ski slope inside zorb ends in death



Denis Burakov, left, inside a large plastic ball called a zorb.

PROVIDED BY YEKATERINA ACHKASOVA/AP/THE ASSOCIATED PRESS



Burakov and a friend inside the zorb on Jan. 3 as they roll down a hill before tragedy struck. PROVIDED BY YEKATERINA ACHKASOVA/AP/THE ASSOCIATED PRESS

On video. Giant plastic ball flies off course, killing man and leaving friend badly injured

It was supposed to be a thrilling ride down a ski slope inside a giant inflatable ball, which is to be one of the symbols of next year's Winter Olympics; it ended in tragedy for two Russian men inside.

The transparent plastic ball — known as a zorb — veered off course and sailed over a rock ledge in the rugged Caucasus Mountains of southern Russia. The ball picked up speed as it flew down the steep slope, rolling and bouncing. One man

was killed and the other badly injured.

The man who died, 27-year-old Denis Burakov, was with friends at the Dombai ski resort, where they frequently went snowboarding, on Jan. 3 when he decided to take a ride in a zorb being operated next to a beginners' slope. His friend Vladimir Shcherbakov joined him.

An eight-minute video taken on Burakov's phone by one of his friends shows the two men being fitted into harnesses inside the zorb, which consists of two polyurethane balls with a layer of air between them. The zorb is then released to roll down the hill, the two men spinning inside.

But the zorb bounces off of the intended path, and a man waiting for it at the bottom of the hill tries in vain to catch the ball before it pops over a rocky ledge and disappears down a gorge below Mount Mussa-Achitara.

The person filming the video is heard swearing and asking "What's down there?" The answer from someone off camera: "It's a catastrophe down there." THE ASSOCIATED PRESS

Quoted

"The transparency of zorbs also reflects the open, accessible and inclusive society that Sochi 2014 Games is helping to build."

Dmitry Chernyshenko, head of the organizing committee, speaking in 2010.



FLIGHT CENTRE®

Unbeatable

Airfares	Vacations	All-inclusive Vacations	USA
<p>Jamaica \$495 <small>from</small></p> <p>Toronto <small>from</small> \$480</p> <p>New York <small>from</small> \$520</p> <p>Orlando <small>from</small> \$529</p> <p>Cancun <small>from</small> \$619</p> <p>Las Vegas <small>from</small> \$699</p> <p>Vancouver <small>from</small> \$840</p> <p>Costa Rica <small>from</small> \$849</p> <p>London <small>from</small> \$956</p> <p>Lima <small>from</small> \$1096</p> <p>Paris <small>from</small> \$1179</p> <p>Johannesburg <small>from</small> \$1587</p>	<p>Buenos Aires Air + 7 Nights \$1469 <small>from</small></p> <p><small>INCLUDES</small> central accom near the Plaza de Mayo. UPGRADE to 4-star accom from \$32 per night. ADD city tour from \$11.</p> <p>London Air + 6 Nights <small>from</small> \$1216 <small>INCLUDES</small> Bayswater area accom near Kensington Palace. ADD Red Rover Thames hop-on hop-off tour from \$16.</p> <p>Rio de Janeiro Air + 9 Nights <small>from</small> \$2530 <small>INCLUDES</small> central accom close to Copacabana Beach, nightclubs and restaurants. BONUS daily buffet breakfast included. UPGRADE to 4-Star accom from \$30 per night.</p> <p style="background-color: #f0f0f0; text-align: center;">Long Stay Vacations</p> <p>Phoenix Air + 21 Nights <small>from</small> \$2094 <small>INCLUDES</small> North Phoenix accom. ADD 21-day car rental with unlimited mileage from \$8 per day.</p> <p>Cape Town Air + 19 Nights <small>from</small> \$2339 <small>INCLUDES</small> central accom. BONUS daily breakfast included. Departs Jan29/ggv/qr.</p>	<p>Varadero 7 Nights 4-Star \$954 <small>from</small></p> <p>Puerto Plata 7 Nights 4.5-Star <small>from</small> \$997</p> <p>Cancun 7 Nights 4-Star <small>from</small> \$1212</p> <p>Jamaica 7 Nights 4-Star <small>from</small> \$1145</p> <p style="background-color: #f0f0f0; text-align: center;">Canada</p> <p>Montreal Air + 3 Nights \$569 <small>from</small></p> <p><small>INCLUDES</small> accom near the Old Port. UPGRADE to 4-star accom from \$11 per night. ADD city tour from \$56.</p> <p>St John's Valentine's Day 2 Nights 4-Star <small>from</small> \$169 pp <small>INCLUDES</small> accom near Signal Hill.</p> <p>Toronto Air + 3 Nights 4-Star <small>from</small> \$579 <small>INCLUDES</small> downtown accom. UPGRADE to 5-star accom from \$19 per night. ADD Kensington Market tour from \$36.</p>	<p>Orlando Family Special Air + 7 Nights \$529* <small>from</small></p> <p><small>INCLUDES</small> central accom with free transportation to major attractions. Price per person based on family of 4.</p> <p>Las Vegas Air + 3 Nights <small>from</small> \$714 <small>INCLUDES</small> accom on the Strip. UPGRADE to 4-star accom from \$10 per night. ADD Hoover Dam tour from \$103.</p> <p>Miami March Break Air + 3 Nights <small>from</small> \$799 <small>INCLUDES</small> Miami Beach accom. ADD Key West day trip from \$108.</p> <p>Washington DC National Cherry Blossom Festival, Air + 3 Nights <small>from</small> \$799 <small>INCLUDES</small> central accom near the Smithsonian museums.</p> <p>Kona Air + 7 Nights <small>from</small> \$1639 <small>INCLUDES</small> accom in an oceanfront resort near Kona Beach.</p>



flightcentre.ca
More great deals online!



Visit us in store.
170 stores across Canada.



Join our Insider Club for hot deals. Text YHZ to **131 600**



1 866 485 7093
850 Travel Experts across Canada.

LOWEST AIRFARE GUARANTEE
We will beat any other quote or you'll be free!

All advertised prices include taxes & fees.

Conditions apply. E.g. restrict. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, hotel & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air, 10pp per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel surcharges and are approximate and subject to change. *Price is per person based on quad occupancy (2 adults & 2 kids ages 2-17). †We will beat any written quoted airfare by \$1 and give you a \$20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree





Lump it! Half of Canucks contribute to RRSPs all at once

March 1 deadline. But stress of saving would be reduced by putting aside smaller sums throughout year, new survey finds

Canadians who are stressed about the annual RRSP deadline are not alone, according to a new study that found 60 per cent of respondents feel anxious about coming up with the money for their retirement savings.

And almost half of respondents to the survey — 49 per cent — who make an annual RRSP contribution do so in a lump sum, said the Bank of Montreal study released Wednesday.

The uneasiness around the March 1 deadline is understandable when Canadians have to deal with other financial priorities, said Marlena Pospiech, senior manager

Market Minute	
	DOLLAR 101.25¢ (-0.10¢)
	TSX 12,522.24 (+17.43)
	OIL \$93.10 US (-5¢)
	GOLD \$1,655.50 US (-\$6.70)
Natural gas: \$3.11 US (-10.5¢) Dow Jones: 13,390.51 (+61.66)	

with BMO Wealth Planning Group.

"If they haven't saved regularly it could be really hard, especially coming out of the holiday season and if they have racked up a lot of debt over that time," Pospiech said. The BMO study also found

By the numbers

\$4,670

BMO said that the average amount contributed to a registered retirement savings plan in 2011 was \$4,670. Putting aside just under \$400 a month in a continuous savings plan for an RRSP would generate that amount.

that 54 per cent of those surveyed would feel less stressed if they made regular RRSP contributions throughout the year to meet the deadline.

BMO said contributing even a small amount — a few hundred dollars — to an RRSP is better than nothing at all. "If they don't have the full amount, that should not stop them from making a contribution," Pospiech said.

"Any little bit helps because of the tax-deferred compound growth. It makes their money work a lot harder for them rather than having it just sitting."

THE CANADIAN PRESS



So long Messenger, hello Skype

Those nostalgic for the days of overly personal status updates and usernames with alternating caps may be disappointed by Microsoft's latest move to retire its once-dominant MSN/Windows Live Messenger. Accounts will be migrated over to Skype during the course of the first quarter of 2013, according to a blog post from Tony Bates, president of Microsoft's Skype division. PHOTO ILLUSTRATION MARIO TAMA/GETTY IMAGES

Speculation

Will Apple make a cheaper iPhone?

A published report says Apple may introduce a cheaper iPhone in an effort to reclaim some of the sales that the company has been losing to less expensive hand-

sets running on Google's Android software.

A story in The Wall Street Journal speculates that Apple could lower the iPhone's price by equipping the device with an exterior that costs less than aluminum housing on current models. Apple Inc. declined to comment.

THE ASSOCIATED PRESS

Take flight. Contest offers trip to space

One Canadian will get the chance to become an astronaut as part of a contest that will send winners 100 kilometres into space.

Contestants from 60 countries will vie for a trip aboard a suborbital spacecraft named the Lynx, a two-seat space plane that takes off and lands as a normal airplane at regular airports. Seats aboard the vehicle usually cost about \$100,000 US.

By joining the "space academy" at AXE Apollo.com, both men and women will have the chance to win one of 22 tickets to travel on the Lynx. Contestants are asked to create an astronaut profile and tell the world why they deserve to go to space.

Two Canadians will win a place at the final stage at the AXE global space camp in Orlando, Fla., with one Canadian getting the chance to shoot into space.

The space camp is backed by Buzz Aldrin, who was one of the first men to walk on the moon. Aldrin will be recruiting the candidates. The final 22 spots will be decided on space-simulation challenges.

TORSTAR NEWS SERVICE



What Could You Achieve With 10% More Brain Power?

Whatever You Want To!

Cerebrum™ by Renew Life is a unique combination of two brain boosting ingredients. Each capsule contains:

- A therapeutic dosage of Cereboost which has been clinically proven to increase cognitive performance by 10%.
- 540mg of DHA from fish oil to nourish the brain and increase focus.

Just one capsule will improve attention accuracy, enhance memory speed and capacity, and increase overall cognitive performance by 10% for 6 hours after taking it!



Cerebrum™ is perfect for working professionals, seniors, students or ANYONE looking to achieve more!

Look For Renew Life Products At Your Local Health Food Store Or Wherever Natural Health Products Are Sold. To Find A Store Near You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3

facebook.com/renewlifecanada
twitter.com/renewlifecanada

\$5

Buy Cerebrum™ Today!

Receive \$5 Off Your Next Purchase Of Cerebrum™*

Due Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupon will void coupon. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who submitted the coupon. For redemption, mail to: Renew Life Canada • 8 • 1275 North Service Road East • Oakville, ON • L6H 1A7. * Limit one coupon per purchase. Coupon expires February 28th, 2013.

IT'S ALL IN THE GAME — TIME TO MAKE UP



HE SAYS...
John Mazerolle
metronews.ca/voices/
he-says

Yes, yes: I'm deeply shocked that people who make a lot of money are greedy, especially professional athletes and corporate owners, two groups that have such a strong record of

selflessness.

Now pipe down. The game's on.

I'm unequivocally, unapologetically ecstatic the NHL is back from its four-month lockout. This apparently makes me a sheep, according to many bitter fans and newspaper columnists. Baa, baa, go Bruins.

I suffered as much as the next person — my local bar replaced hockey with '80s karaoke — but I know that any ill feelings will melt away for me as soon as the puck is dropped. Sorry.

If you're still bitter, you at least have some goodies coming your way. The NHL knows it has some making up to do and has announced a series of initiatives to help win back fans who are sore with the league. I've obtained a copy of their game plan, highlights of which are printed below.

NHL Fan Redemption Program: Don't Look Back in Fan-ger

Keep the goodies coming

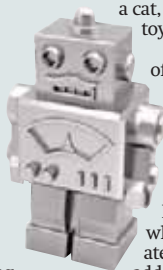
Fans to get premium interest rates for any loans used at games to buy hotdogs and beer.

- "Thank you, fans" messages plastered throughout league will have not one, not two, not three but FOUR exclamation points, to show it's not hollow. They will be placed not just on the ice but also in other places where they can be easily viewed, such as on the seats in Phoenix.
- Ilya Bryzgalov, Tim Thomas and Paul Bissonnette to lead league-wide seminars on dealing with the media.
- The league hopes to put a positive spin on the work stoppage with a free download of Stompin' Tom Connor's little-known Hockey Related Revenue Song. ("Hello out there, Bettman and Fehr; it's lockout night tonight. The Make Whole's closed and the pension grows, but the NHL's on ice...")
- Fans to get premium interest rates for any loans used at games to buy hotdogs and beer.
- The NHL will expand further to Corpus Christi, Texas, and Mobile, Ala., so that the current expansion teams don't seem so ridiculous. Other possibilities include Mexico, Japan and the molten-hot core of the earth. Anything but Hamilton.
- Half-price coupons for the season-ticket holders in Anaheim: specifically, David and Jennifer Boyd of 1058 Sunnyside Ave., Anaheim, Calif.
- Make NHL Centre Ice free, UNLESS revenue is less than \$2.2 billion this season, in which case part of an NHL Centre Ice fund will go into escrow, which would then be distributed to Make Whole production costs, provided fans don't decide to file a disclaimer of interest, in which case...
- Gary Bettman leaving NHL to take over NASCAR. His first goal will be to expand the sport into blue states and Canada.

Say your piece

Which token will lose its Free Parking spot?

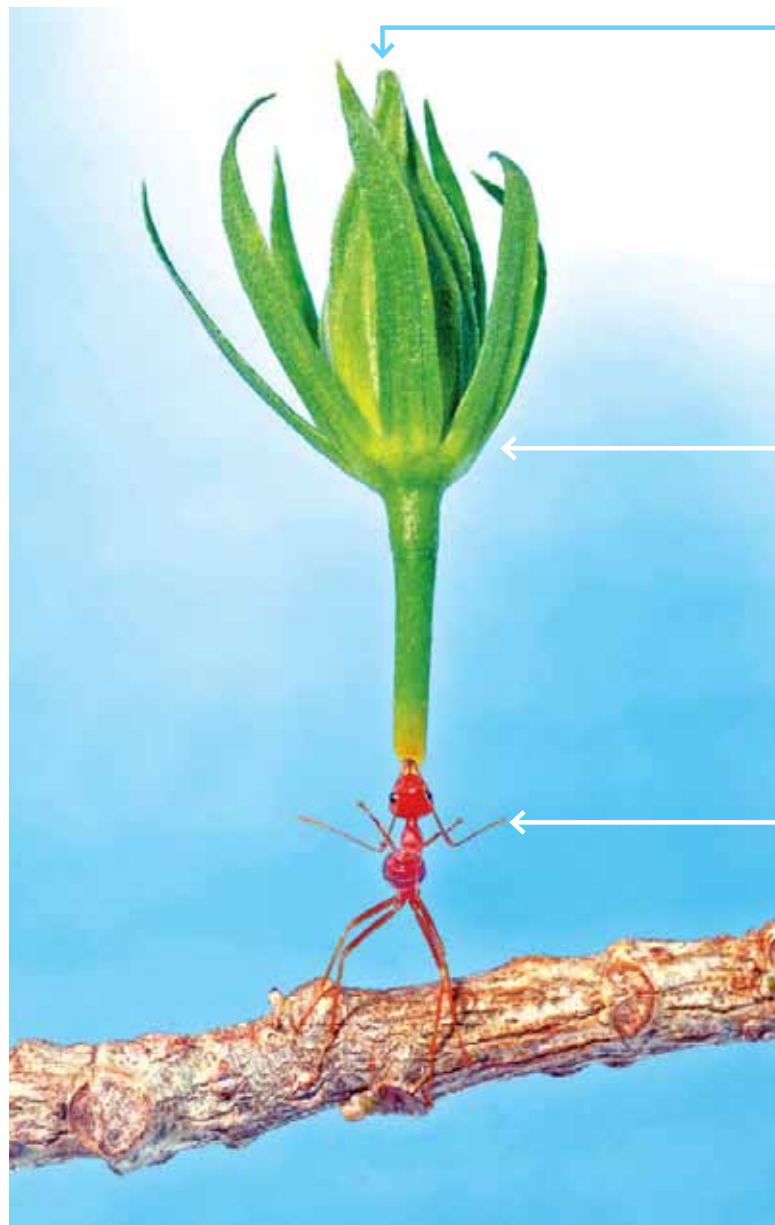
The gig is almost up for one of the eight Monopoly tokens. But which will it be? Iron? Thimble? Top Hat? Or another of their board-game buddies? Hasbro is holding a Facebook contest to eliminate one of the eight tokens



that identify the players and introduce a new one. Possible new tokens include a cat, diamond ring, guitar, toy robot and helicopter. So if you are tired of the iron token and would rather be represented by a robot, here's your chance to make those wishes known. Facebook fans of Monopoly can vote on which piece to eliminate and which one to add. The voting ends Feb. 5.

THE ASSOCIATED PRESS

Straight from the ant's mouth



Mighty balancing act

Insect shows off towering feat

This red ant puts on a show of incredible strength and balance as it lifts a large flower bud above its head. The insect stood on its hind legs and balanced the green shoot with its mouth as it sauntered across the tree branch. Photographer Lessy Sebastian, 48, spotted the ant near his mother's house in Jakarta, Indonesia.

METRO WORLD NEWS

This bud's for you



"I got the idea to replace one of the leaves they were carrying with a little flower bud."

Lessy Sebastian, photographer.

Sebastian intentionally added the flower bud to the pile of leaves the ants were gathering and sat back and waited for one to pick it up.

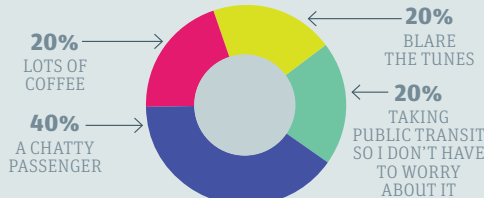
Ant facts

- **Legendary strength.** A leaf-cutter ant can carry a leaf 50 times its body weight.
- **As old as dinosaurs.** Harvard scientists estimate that ants first arose in the mid-Cretaceous period — about 110-130 million years ago.
- **Population.** Experts reckon ants number up to 10 quadrillion (10,000,000,000,000) — more than 140,000 times the human population.



Register at metropolitanpanel.ca and take the quick poll

One in 24 U.S. adults have admitted to falling asleep behind the wheel. What's your best tip for staying alert on the road?



Twitter

@AliceinParis:

Just saw a woman walk down the street in flip flops and short pants. Haligonians are a hearty bunch.

@EF1Sh:

Did I mention I'm offering Jay-walking lessons to Haligonians? My resume is I've never been hit by a car. Knock on wood #Halifax #J #Walking

@TheOddDre:

When did tucking your pants

into your socks become fashionable? #help #humanity

@mattidsnow:

Learning how to skate while teaching my 3 year old. Anyone up for a laugh should keep an eye open at the Sackville Stadium :)

@Proi_RS:

Dear Spring Garden businesses: salt sidewalks! Nearly fell outside Winsby's and Mills.

2 SCENE



A photograph of DJ Ryan Hemsworth performing at a DJ booth. He is wearing a black t-shirt and a white scarf with a pattern. He is looking down at his laptop, which is open on the booth. His hands are on the laptop keyboard. The background is dark with purple and blue stage lighting. A water bottle is visible on the right side of the booth. The text "Halifax DJ Ryan Hemsworth is performing at The Palace on Friday night. CONTRIBUTED" is at the bottom.

Halifax DJ Ryan Hemsworth is performing at The Palace on Friday night. CONTRIBUTED



rbc.com/resources



Justin Bieber ALL GETTY IMAGES

After another fight Gomez is 'done' with Bieber

Justin Bieber has been having a turbulent 2013 so far, and it may all stem from his failed attempts to patch things up with Selena Gomez. The pair reportedly embarked on a New Year's getaway to Puerto Vallarta, Mexico, but Gomez left

before any champagne bottles could be opened, according to Us Weekly. "They had another huge fight, and Selena won't forgive him," a source says of Gomez, who flew home Dec. 30. "Selena is done with him."



Eva Mendes and Ryan Gosling

Gosling's mom given key to Eva Mendes' closet

Ryan Gosling's girlfriend, Eva Mendes, didn't make it to the Gangster Squad premiere earlier this week, but some of her stuff did at least. "My mother's wearing all my girlfriend's clothes,"

Gosling, who brought along mom Donna as his date, told E! News. Donna, donning a short dress and elaborate trench coat, confirmed, "I'm wearing Eva Mendes. She let me raid her closet."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



An opinion on what The Bachelor is really thinking



THE WORD
Dorothy Robinson
scene@metronews.ca

In Touch magazine has "exclusive pics" of the "sexiest bachelor ever" in this week's edition. The mag shows this season's star of The Bachelor, Sean Lowe, with his torso wrapped in a blue towel as he channels his inner Angelina in an undisclosed shower somewhere.

After he covered up, he gave an insightful interview to the magazine. (Just kidding! It was a totally generic chat!) Lowe, who is a former linebacker and

works as an insurance salesman, says he is "very hopeful that I'll meet a great girl" on the show. "I would love to get married. I'm absolutely ready for love."

As he whittles down the pool of 26 single, desperate women to his one true love on national television, he has an idea of what he is looking for. "She has to be genuine, want the same things I want, and have a great sense of humour," he says.

Just for once, I wish these guys would speak the truth: "I'm looking for someone who is as fame-hungry yet dim-witted as I am, who will pretend to be my girlfriend for the allotted time our contract spells out. She should also be skinny and look like a professional dancer from Reno. Not eating my arm in my sleep due to starving herself through most of her 20s is also a bonus."



Lindsay Lohan

Lohan's mother blames Lindsay's dad for their daughter's problems

Dina Lohan says all of daughter Lindsay Lohan's problems can be blamed on Michael Lohan being an awful husband. "Lindsay saw her dad abuse me. That's why she's so screwed up," Dina tells the New York Daily News. "She saw a lot

of crazy stuff. I want the world to know the root of her problems." Michael, for his part, refutes the claims. "She's bringing this up now because she's drinking and partying with Lindsay," he says. "And she keeps robbing Lindsay. She is the devil."

Twitter



@rihanna

I bet you wanna know what I'm all about



@Sethrogen

They may have made a disgusting mockery of news media as we know it, but Fox has put together one hell of a Tuesday lineup.



@RebelWilson

I got dressed in the dark this morning (weirdly, I look better than usual...maybe I should cut off the electricity more often?)



@SethMacFarlane

Just want to point out that the dinner party in "The Hobbit" is the same length as an actual dinner party.

SATURDAY, JANUARY 12 & SUNDAY, JANUARY 13

GET BOTH
FREE



SHOPPERS DRUG MART®
CARD



TIM HORTONS®
TIM CARD®

WHEN YOU SPEND \$75 OR MORE ON ALMOST ANYTHING AT SHOPPERS DRUG MART*

Visit shoppersdrugmart.ca or the store nearest you for details. *Some conditions may apply.
Offer valid January 12 & January 13, 2013 only. Shoppers Drug Mart card is valid until February 3, 2013.

THE
**DOUBLE
DOUBLE**
EVENT

SHOPPERS
DRUG MART

Will, here I am!

Oh, this right here? When Will.i.am. gets dressed, he wants you to notice his clothes — and gadgets too. He talks techcessories, Kanye West and Japanese fashion.

RICHARD PECKETT
life@metronews.ca

"It's like warp speed now and BOOM! It's pretty exciting." That's how Will.i.am describes taking his i.am+ iPhone accessory from conception to the shop floor in just seven months. We're sitting in a recording studio in London talking about his love of gadgets and fashion, which, by the way, hasn't gone unnoticed amongst his music pals.

DJ David Guetta describes him as "a bit of a crazy scientist who has difficulty with only doing one thing at a time." So true. Right now, his long list of side projects include appearing as a judge on Britain's version of The Voice, an album with Guetta and a X-Factor-style television show that he plans to release in late 2013.

What were you trying to achieve with the i.am+ project?

Let's take a tourist with their camera and their sense of odyssey, documentation and pleasure and turn this into a cool, wearable camera. It's an iPhone case that actually serves a functional purpose — it's phone, func-



Will.i.am's foto.sosho is being marketed as the world's first digital camera and app combination for the iPhone 4s and iPhone 5. It transforms phones into a digital cameras with photo filters, image editing and instant social media upload. PROVIDED

tion and fashionology. Personalization, customization and rare oddities are the season right now. You can have anything right now, but what about limitation and exclusivity? You don't want to go all the way Steampunk because Steampunk is like super, super, super, dooper rare. What I mean is, the design has to pay tribute to limitation and functionality.

A lot of celebrities branch out into design and fashion, why do you think it's becoming so commonplace?

You want my honest opinion? Their manager told

them that they could make some money here.

Like who?

I don't want to put people under a bus.

What do you think of Kanye West's line?

Kanye, I see his passion and I understand his passion. He's going to figure it out.

Is that your way of saying his clothing line still needs some work?

No, Kanye's game is that he wants to design. He's saying, "I want you guys to see my stuff." That's dope, right? He's not playing the usual

(celebrity) game — he's passionate.

Would you buy any of his designs?

Yeah, because I like going for treasures. I want people to say, "Where did you get that?" "Oh, this right here? This is one of Kanye's pieces." I got it. They're conversation pieces.

Speaking of conversation pieces, you collaborated on a collection with the Japanese label Rynshu. How did you discover the line?

I was that guy who said, "Where did you get that? Rynshu? What the hell's Rynshu? Can you text it to me?"

What kind of guy wears Rynshu?

Tech-savvy, fashion-forward people. Invisible tastemakers.

Sounds like you. You've had a few different looks over the years. How do you know when it's time to change it up?

When you see this silhouette (points to himself) out multiple times on people that you probably wouldn't want to hang out with. That's why I hit up Rynshu, Loveless, Verbal and Yoon in Japan. I go to all the little cool spots that are rare enough, so I don't look like everybody else. I need to have some oddities, dude!

How would you describe your look at the moment?

Short in the back, long in the front, draping on top and skinny on the bottom — with big shoes.

THE MAN'S MANY LOOKS

If each outfit were a song, what would Will.i.am call it?



"I'd call that one Ghetto Egypt. It's fit but loose. I like different shades of black and gold. Right now, all the kids are rocking two chains, so I'm rocking five."



BOTH PHOTOS GETTY IMAGES

"I'd call this look, Peace. (Laughs) Err, we were being fun and young. No ... no, I wouldn't wear that now."

3 FIVE



We Know Hockey

SAVE BIG & SCORE

Thursday Jan.10 - Sunday Jan.20

Reebok 11K SR Skates



\$399.98

Senior Skates

Bauer Vapor X>Select
CCM U+ Shock
Easton Synergy EQ444
Reebok 5K Goalie



YOUR CHOICE \$149.98

Junior Skates

Bauer Vapor X>Select
CCM U+ Shock
Easton Synergy EQ444



YOUR CHOICE \$99.98

Reebok Bronze Jr. Skates



ONLY \$99.98

Buy a Pair of Skates at \$499.98 or more & Get a FREE \$100 Gift Card

Buy a Pair of Skates at \$199.98 - \$449.98 & We Give You... \$50 off Any Composite Stick or 10 Free Skate Sharpenings

Some restrictions may apply. Products may not be exactly as shown. Discount coupons not applicable to "Gift with Purchase" offers.

Showing your home? Make it perfect

It takes more than just luck to sell your house. With proper evaluation of both your property and the current market, your chances of success are greatly increased. But many factors can ultimately contribute to a successful showing/sale of your home. Here are five tips you might consider when selling your largest financial asset, from Todd Talbot Host of Love It or List It Vancouver. The show premiered Monday on W Network.



First impressions

Many folks forget the first impression! Even before a buyer sees your home, they need to get through the front door. Make sure that the key and the lock work effortlessly. Don't leave instructions to "pull hard on the door, jiggle the key to the left, then quickly to the right". First question I'd be thinking: "What else is wrong with this place?"

Be prepared

Make sure everyone living at the house is aware when showings are scheduled. The buyer and the Realtor knock, then audibly announce their arrival, but you can't hear because you are in the shower. Wandering out of the shower as potential buyers are wandering down the hall is awkward. It happens!



Appropriate presentation

Ensure the house has an appropriate presentation. False teeth on the bedside table, or a camera on a tripod pointed at the bed tend to draw focus away from the house. Make sure that the house — and only the house — is the most memorable aspect of the tour.

Know your weaknesses

Do you really want to be at the meeting when the offer is presented? Will you be helpful to the negotiations or harmful? Can you control your emotional response? Are you so friendly and chatty that you detract from the process? Know your strengths and above all, know your weaknesses and discuss a strategy with your Realtor. Remember that while your home is your pride and joy, ultimately the sale of that home is a business transaction. And that can be hard emotionally. Your Realtor is a professional who acts on your instructions. Sometimes the best choice is to let your agent negotiate reporting back to you when a decision needs to be made.



Plan the closing day

Pick dates for completion and possession that allow you to seamlessly move into your new home. It's not ideal to have to keep all your worldly possessions in a moving truck for a few days while you wait for your new house. So have a plan in mind that you discuss with your Realtor in advance of receiving an offer.

Safety can be beautiful...

...and **BATH FITTER®** has the solution!

Large selection | 1-day installation | Lifetime warranty**

1-855-440-2586 • BATHFITTERNOVASCOTIA.COM

GET YOUR
FREE
IN-HOME
ESTIMATE

**BATH
FITTER®**

GET
UP TO
\$250*
OR
0%
FINANCING*

*On a tub-to-shower conversion. Or \$125 off a tub, wall and fixtures. Offer valid until February 28, 2013. One coupon per customer. Coupon must be presented at time of estimate only. May not be combined with other offers or applied to previous purchases. Valid only at this location. **See location for details. © 2012 BATH FITTER, all rights reserved

**101.3
THE
BOUNCE**

**15 minutes of
fame!**

Call 420-1013 weeknights to co-host the Interactive NINE@9 with Ruby!

Discovered this week:

- ★ Madison & Lauren from Dartmouth
- ★ Jill from Dartmouth
- ★ Olivia from Cole Harbour
- ★ Patrick & Leah from Dartmouth

**Interactive
NINE@9**

1013TheBOUNCE.com
info@1013thebounce.com

Get the BOUNCE
Mobile app here



Country Chicken Casserole. Cold January days call for comfort eats



Ingredients

- 20 ml (4 tsp) olive oil, divided
- 3 cloves garlic, minced
- 1 leek (white and light green parts), chopped
- 250 ml (1 cup) each sliced carrots and parsnips
- 250 ml (1 cup) quartered mushrooms
- 6 ml (1 1/4 tsp) dried thyme leaves, divided
- 1 ml (1/4 tsp) each salt and pepper
- 45 ml (3 tbsp) all-purpose flour
- 250 ml (1 cup) 1 per cent milk
- 250 ml (1 cup) sodium-reduced chicken broth
- 10 ml (2 tsp) Dijon mustard
- 500 ml (2 cups) shredded cooked chicken or turkey
- 125 ml (1/2 cup) frozen peas
- 500 ml (2 cups) torn whole-wheat bread pieces

1. In a large saucepan, heat 10 ml (2 tsp) of the oil over medium heat. Sauté garlic, leek, carrots, parsnips, mushrooms, 4 ml (3/4 tsp) of the thyme, salt and pepper for 6 minutes or until vegetables are tender-crisp.

2. Whisk flour into milk; gradually stir into saucepan along with broth and mustard. Cook, stirring, for 5 minutes or until bubbling and thickened. Remove from heat. Stir in chicken and peas. Spoon into a 2-l (8-cup) baking dish.

3. In a bowl, toss bread with remaining oil and thyme until coated; sprinkle over chicken mixture. Bake in a 220 C (425 F) oven for 12 to 14 minutes or until bread is toasted and sauce is bubbling. **THE CANADIAN PRESS/FOODLAND ONTARIO**

QMJHL

Gillard joins Slammers

Steve Gillard has found a home.

The 20-year-old defenceman, whom the Halifax Mooseheads didn't have room for when they acquired overage centre Stephen MacAulay, has joined the Maritime Junior A Hockey League's Woodstock Slammers.

Gillard, who had 12 points in 36 games for the Mooseheads this season, will arrive in Woodstock Thursday and make his debut for the team Friday night when the Slammers host the Dieppe Commandos.

"We're very happy Steve has decided to join our team and we feel we have improved our defence core in a big way," Slammers coach Jason Tatarnic said on the team's website. "We know what he can do on the ice, and Slammer fans can expect to see a player who wants to win and a player who competes very hard."

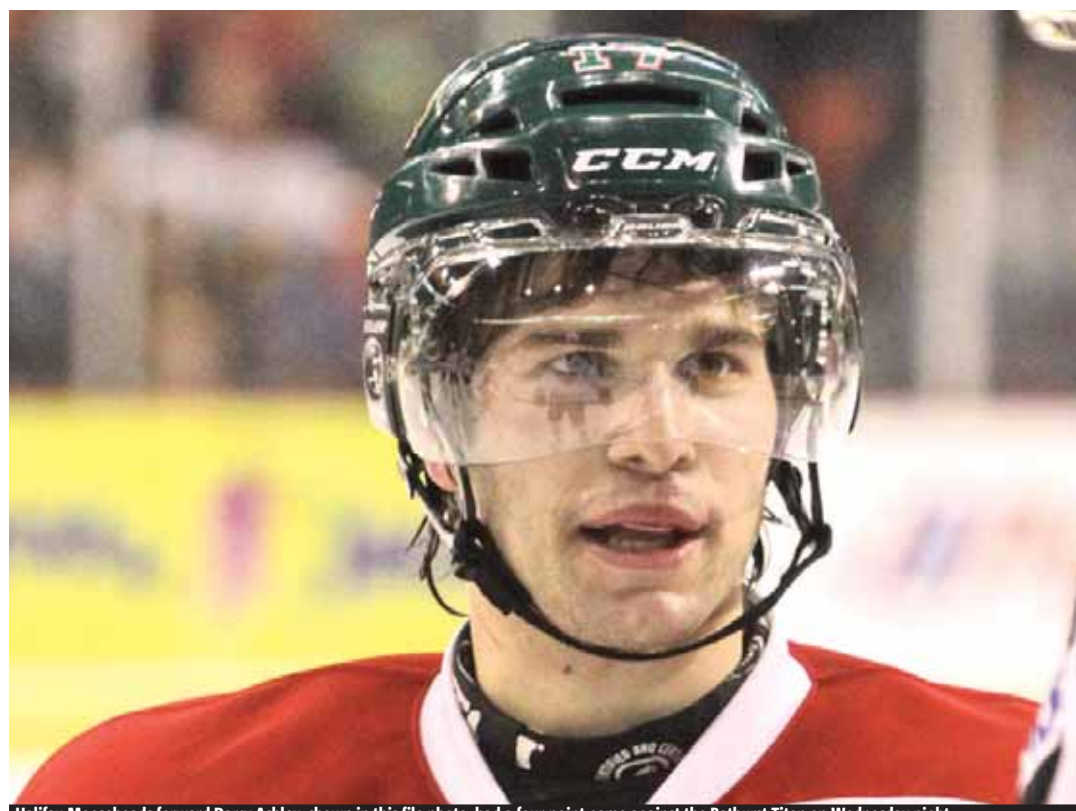
Also Wednesday, net-minder Anthony Terenzio was given his release from the Mooseheads so he could sign with the Whitecourt Wolverines of the Alberta Junior Hockey League.

Terenzio didn't play all season for Halifax after recovering from a serious concussion but was with the team as a No. 3 goaltender.

PHILIP CROUCHER/METRO



Steve Gillard METRO FILE



Halifax Mooseheads forward Darcy Ashley, shown in this file photo, had a four-point game against the Bathurst Titan on Wednesday night. JEFF HARPER/METRO

Moose bounce back in big way

Slump over. Halifax ends two-game skid with convincing victory over Bathurst



PHILIP CROUCHER
philip.croucher@metronews.ca

The losing streak didn't last long.

The Halifax Mooseheads are back to their winning ways after dropping back-to-back games for the first time this season as they dumped the Bathurst Titan 7-2 in QMJHL action before 1,440 fans at the

K.C. Irving Centre on Wednesday night.

Matthew Boudreau scored his team-leading 28th and 29th goals of the season to lead the Mooseheads, who fell 3-2 in overtime to the visiting Saint John Sea Dogs last Friday and two days later lost 5-2 to the host Prince Edward Island Rocket.

"We wanted to bounce back," said Mooseheads coach Dominique Ducharme. "The loss against Saint John in overtime ... in a way we should've won it. The goalie stole it for them. The P.E.I. game is the one we didn't like."

Stephen MacAulay, with his first goal in a Mooseheads uniform, Darcy Ashley, Dom-

10-game points tally

17

The points the Halifax Mooseheads recorded out of 20 in the 10 games Nathan MacKinnon, Jonathan Drouin and Martin Frk weren't in the lineup. The team went 8-2-1 in that span.

inic Beauchemin, Andrew Ryan and Luca Ciampini had the other goals for Halifax (33-42-1), which was named the Canadian Hockey League's top-ranked team Wednesday for a ninth-consecutive week.

Ashley and Ciampini each added three helpers to record four-point games. Defenceman Matt Murphy made his debut

for the Mooseheads and finished with an assist and a plus-two rating.

"We were solid — had a good 60 minutes," Ducharme said. "We were aggressive; we were active. We played simple and well as a team."

"Everyone had a good game."

Adam Zboril and Andrew Meredith replied for the Titan, who were outshot 39-21.

Halifax returns to action Friday when they host Blainville-Boisbriand Armada at 7 p.m. The game will feature the return to the Mooseheads lineup of Nathan MacKinnon, Jonathan Drouin and Martin Frk, who were all away at the world juniors.

Weather your cold.



For the temporary relief of cough. Always read and follow the label.

We'll all feel better.

realstar management
it's your home

Ask about our rental incentives

MacDonald Apartments
5885 Cunard St, Halifax
1 & 2 BR
(902) 422 5033

Stonecrest Village
80 Chipstone Close, Clayton Park
1 & 2 BR
(902) 457 3600

SPECIAL! No Security Deposit!

realstar.ca

4 SPORTS



Dave Nonis was named Toronto's new GM after the Leafs fired Brian Burke on Wednesday. BERNARD WEIL/TORSTAR NEWS SERVICE

Leafs drop bombshell with season looming

NHL. Burke won't get chance to watch rebuild come to fruition after being bounced before games begin

Brian Burke's colourful tenure as general manager of the Toronto Maple Leafs was never short on drama.

So it's fitting his firing would shock the entire hockey world.

The Leafs dropped the bombshell Wednesday, announcing they had relieved the fiery Burke of his duties as president and general manager and replaced him with his right-hand man, Dave Nonis.

While the Leafs had never reached the playoffs during Burke's four seasons at the helm, the timing of the move was surprising given it comes just days before the start of the lockout-shortened season.

But Tom Anselmi, the president of Maple Leafs

History repeats

Dave Nonis replaced Brian Burke as Vancouver's GM in 2004, and began a four-year term in his only previous post-acting as an NHL GM.

- Nonis ultimately compiled a 130-91-25 record as the Canucks GM, and was relieved of his duties in April 2008, after the Canucks failed to make the playoffs and meet

expectations with a roster featuring Roberto Luongo, Daniel and Henrik Sedin and Markus Naslund.

- Nonis inherited the Vancouver GM post having spent the previous six seasons under Burke as the Canucks' director of hockey operations.

TORSTAR NEWS SERVICE

Sports and Entertainment, said the decision had been talked about for months following an extensive review of the hockey club by Anselmi and the new ownership group. MLSE was officially taken over by Rogers and BCE in August.

"The news is coming as a shock, but I don't think the decision has happened overnight," Anselmi told a packed, hastily assembled news conference at the Air Canada Centre. "It's a conversation that's been ongoing and we came to

a decision.

"Once we got to that decision I'm a firm believer it's only fair to make the decision and move forward."

Anselmi said Burke, 57, will remain with the team as a senior adviser.

The decision caught even Nonis by surprise. The 46-year-old native of Burnaby, B.C., was with Burke on Tuesday night watching the AHL's Hamilton Bulldogs edge the Toronto Marlies 2-1.

"I came in (Wednesday)

morning and was informed of the decision," a solemn Nonis said. "This is a shock for a lot of people."

The daunting task of ending hockey's longest playoff drought — seven seasons — now lies with Nonis, a close friend and protege of Burke's.

One of his first priorities will be to sort out the club's goaltending situation. Rumours that the Leafs are in talks with the Vancouver Canucks to acquire Roberto Luongo have been floating around for months. There was talk Wednesday that a potential Luongo deal may have been a factor in Burke's dismissal.

Anselmi said that wasn't the case.

"No, no, not at all," he said.

Nonis said he couldn't discuss any pending transactions.

"First of all, it doesn't help get a deal done and second of all we're not permitted to do so," said Nonis. "Players that (are) under contract to other clubs remain off limits in terms of commenting."

THE CANADIAN PRESS

NHL

Humble Bettman says he's sorry

With the third lockout on his watch finally nearing its end, NHL commissioner Gary Bettman apologized in a "personal statement" delivered to reporters Wednesday in New York after he announced that owners had unanimously voted in favour of ratifying the new collective bargaining agreement.

"To the players who were very clear they wanted to be on the ice and not negotiating labour contracts, to our partners who support the league financially and personally, and most importantly to our fans, who love and have missed NHL hockey, I'm sorry," said Bettman. "I know that an explanation or an apology will not erase the hard feelings that have built up over the past few months but I owe you an apology, nevertheless."

The players aren't expected to start their own ratification vote until Friday. It will be conducted electronically over two days and needs majority support from the roughly 740 union members to pass.

If all goes to plan, the process would be completed by Saturday and training camps would open around the league on Sunday.

THE CANADIAN PRESS

MLB. Baseball Hall of Fame doors closed to Bonds, Clemens and Sosa

No one was elected to the Hall of Fame this year. When voters closed the doors to Barry Bonds, Roger Clemens and Sammy Sosa, they also shut out everybody else.

For only the second time in four decades, baseball writers failed to give any player the 75 per cent required for induction to Cooperstown, sending a powerful signal that stars of the steroids era will be held to a different standard.

All the awards and accomplishments collected over long careers by Bonds, Clemens and Sosa could not offset suspicions those feats were boosted by performance-enhancing drugs.

Voters also denied entry Wednesday to fellow newcomers Craig Biggio, Mike Piazza and Curt Schilling, along with holdovers Jack Morris, Jeff Bagwell and Lee Smith.

Among the most honoured players of their generation, these standouts won't find their images among the 300 bronze plaques on the oak walls in Cooperstown, where — at least for now — the doors appear to be bolted shut on anyone tainted by PEDs.

Bonds, Clemens and Sosa retired after the 2007 season.



Sammy Sosa appeared on just 12.5 per cent of the ballots.

THE ASSOCIATED PRESS FILE

They were eligible for the Hall for the first time and have up to 14 more years on the writers' ballot.

"I'm kind of glad that nobody got in this year," Hall of Famer Al Kaline said. "I feel honoured to be in the Hall of Fame. And I would've felt a little uneasy sitting up there on the stage, listening to some of these new guys talk about how great they were."

THE ASSOCIATED PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	23	10	.697	—
New York	23	11	.676	1/2
Indiana	21	14	.600	3
Atlanta	20	14	.588	3 1/2
Chicago	19	14	.576	4
Brooklyn	20	15	.571	4
Milwaukee	18	16	.529	5 1/2
Boston	18	17	.514	6

Philadelphia	15	22	.405	10
Toronto	13	22	.371	11
Detroit	13	23	.361	11 1/2
Orlando	12	23	.343	12
Charlotte	9	25	.265	14 1/2
Cleveland	9	28	.243	16
Washington	5	28	.152	18

WESTERN CONFERENCE

	W	L	Pct	GB
Oklahoma City	27	8	.771	1/2
L.A. Clippers	27	8	.771	1/2
San Antonio	28	10	.737	—
Memphis	22	10	.688	3
Golden State	22	11	.667	3 1/2
Houston	21	15	.583	6
Denver	21	16	.568	6 1/2
Portland	19	15	.559	7
Utah	19	18	.514	8 1/2
Minnesota	16	16	.500	9
L.A. Lakers	15	20	.429	11 1/2
Dallas	13	22	.371	13 1/2
Sacramento	13	22	.371	13 1/2
Phoenix	12	25	.324	15 1/2
New Orleans	10	25	.286	16 1/2

Wednesday's results

Utah 112 Charlotte 102
Cleveland 99 Atlanta 83
Toronto 90 Philadelphia 72
Boston 87 Phoenix 79
San Antonio 108 L.A. Lakers 105
Milwaukee 104 Chicago 96

Oklahoma City 106 Minnesota 84
New Orleans 88 Houston 79
Denver 108 Orlando 105
Dallas at L.A. Clippers

Tuesday's results

Indiana 87 Miami 77
Brooklyn 109 Philadelphia 89
Milwaukee 108 Phoenix 99
Minnesota 108 Atlanta 103

Thursday's games

Houston 125 L.A. Lakers 112

New York at Indiana, 8 p.m.

Dallas at Sacramento, 10 p.m.

Miami at Portland, 10:30 p.m.

AHL

Wednesday's games

Syracuse at Rochester
Binghamton at W-B/Scranton
Grand Rapids at Rockford

Tuesday's results

Hamilton 2 Toronto 1

Hershey 4 Bridgeport 3 (OT)

Portland 7 Worcester 3

Thursday's game — All Times Eastern

Lake Erie at San Antonio, 8 p.m.

NFL

PLAYOFFS

DIVISIONAL PLAYOFFS

Saturday's games — All Times Eastern

AFC — Baltimore at Denver, 4:30 p.m.

NFC — Green Bay at San Francisco, 8 p.m.

Sunday's games

NFC — Seattle at Atlanta, 1 p.m.

AFC — Houston at New England, 4:30 p.m.

CONFERENCE CHAMPIONSHIPS

Sunday, Jan. 20

AFC and NFC (Dates and Times TBD)

SUPER BOWL

Sunday, Feb. 3 — At New Orleans, La.

AFC vs. NFC champions, 6 p.m.

SOCCER

SPAIN

COPA DEL REY

Second Leg

Wednesday's results

Sevilla 1, Malaga 2 (Sevilla advances 6-2 on aggregate)

Real Madrid 4, Celta Vigo 0 (Madrid advance 5-2 on aggregate)

Zaragoza 2, Levante 0 (Zaragoza advance 3-0 on aggregate)

ENGLAND

LEAGUE CUP

SEMIFINALS

First Leg

Wednesday's result

Chelsea 0, Swansea City 2

ITALIAN

COPPA ITALIA

Wednesday's result

Juventus 2 AC Milan 1

TENNIS

ATP WORLD TOUR

HEINEKEN OPEN

Wednesday's results

At Auckland, New Zealand

Singles

Second Round

Sam Querrey (4), United States, def.

Olivier Rochus, Belgium, 7-5, 6-3.

Xavier Malisse, Belgium, def. Santiago

Giraldo, Colombia, 7-6 (6), 6-4.

Philipp Kohlschreiber (2), Germany, def.

Alejandro Falla, Colombia, 7-6 (4), 4-6, 6-3.

Lukas Lacko, Slovakia, def. Thomas Bellucci

(8), Brazil, 6-3, 6-5.

Gael Monfils, France, def. Greg Jones,

Australia, 6-4, 6-2.

Jesse Levine, Canada, def. Brian Baker,

United States, 7-5, 6-4.

Tommy Haas (3), Germany, def. Igor

Sjisljng, Netherlands, 6-3, 6-4.

David Ferrer (1), Spain, def. Yen-hsun Lu,

Taiwan, 6-4, 2-6, 6-3.

APIA INTERNATIONAL

At Sydney, Australia

Singles

Men

Second Round

Denis Istomin, Uzbekistan, def. Fernando

Verdasco (4), Spain, 6-3, 6-3.

Julien Benneteau, France, def. Radek

Stepanek (6), Czech Republic, walkover.

Marcel Granollers (8), Spain, def. Fabio

Fognini, Italy, 6-2, 7-6 (4).

Kevin Anderson, South Africa, def. Feliciano

Lopez, Spain, 6-3, 6-4.

Jarkko Nieminen, Finland, def. Gilles Simon

(2), France, 6-3, 6-1.

Ryan Harrison, United States, def. John

Isner (1), United States, 6-4, 6-4.

Bernard Tomic, Australia, def. Florian

Mayer (5), Germany, 7-6 (4), 6-2.

Andreas Seppi (3), Italy, def. John Millman,

Australia, 6-2, 3-6, 6-3.

Women

Quarter-finals

Agnieszka Radwanska (1), Poland, def.

Roberta Vinci, Italy, 6-4, 7-5.

Dominika Cibulkova, Slovakia, def. Sara

Errani (3), Italy, 6-2, 6-1.

Li Na (4), China, def. Madison Keys, United

States, 4-6, 7-6 (2), 6-2.

Angelique Kerber (2), Germany, def. Svetlana

Kuznetsova, Russia, 6-3, 7-5.

Doubles

Men

First Round

Mahesh Bhupathi, India, and Daniel Nestor,

Canada, def. Matthew Ebden and Marinko

Matosevic, Australia, 3-6, 7-6 (2), 10-8.



Horoscopes

Aries

March 21 - April 20

There is no limit to what you can do over the next few days, but you must have a clear idea of what it is you wish to accomplish. The chance of a lifetime could be heading your way at this very moment.

Taurus

April 21 - May 21

Listen carefully to what someone tells you today and start thinking of ways you can use this information to make your everyday life more enjoyable. What you do with this knowledge matters more than where it came from.

Gemini

May 22 - June 21

You have some serious issues to deal with, issues that will determine whether you make a big profit or a big loss. The most important thing is that your aims are realistic. Also, stick to what you are good at.

Cancer

June 22 - July 23

You are determined to get to the bottom of a situation that has been worrying you for many weeks. What you find may surprise you but it will also help you understand why certain people have been acting strangely.

Leo

July 24 - Aug. 23

Pace yourself sensibly today because the planets warn if you don't slow down you could do yourself some harm. If what you put into a task is more than what you get out of it then it's time to stop.

Virgo

Aug. 24 - Sept. 23

This is still a good time of year for you and with Venus now moving through the most dynamic area of your chart romance and creativity are under excellent stars. What does your heart desire most? Go out and get it.

Libra

Sept. 24 - Oct. 23

Cosmic activity in the domestic sector of your chart will make it easy to find the words that make a difference when dealing with loved ones and relatives. Always be nice, even when others are not being nice to you.

Scorpio

Oct. 24 - Nov. 22

You will turn on the charm today and get anything — yes, anything — you desire. When the mood takes you, as it does now, you know exactly what to say to wrap friends and loved ones round your little finger.

Sagittarius

Nov. 23 - Dec. 21

Because you don't like to cause a scene, you may have let someone get away with too much in recent weeks. Now you must get a grip on the situation and make sure they know it was a one-off event.

Capricorn

Dec. 22 - Jan. 20

People will make a better job of things if you give them the freedom to make decisions. With both the Sun and Venus moving through your sign, you don't have to worry about them getting it wrong.

Aquarius

Jan. 21 - Feb. 19

You must never be afraid to use a few harsh words if you think they are needed, and it seems they are needed now. Partners and work colleagues must be made to realize that you will not be pushed around.

Pisces

Feb. 20 - March 20

Cosmic activity in some of the more dynamic areas of your chart will give you the energy and the self-belief to put yourself on show over the next 24 hours. Don't worry what others might think — just be yourself.

SALLY BROMPTON

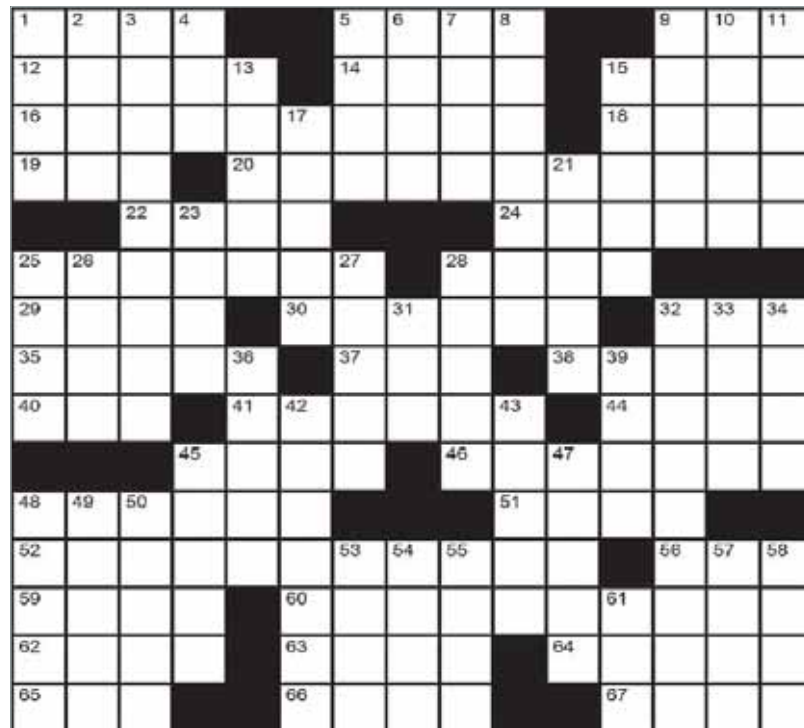
Crossword: Canada Across & Down

Across

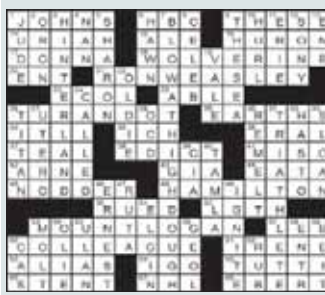
1. Peggys __, NS
5. Ottawa-born singer/songwriter Paul
9. 7's phone letters
12. Crunchy
14. Luxury label
15. Character in The Legend of Sleepy Hollow, __ Bones
16. "ET Canada" co-host Rick
18. Capital of Latvia
19. 2-__ tissue
20. "Stompa" is a hit off this Juno-winner's latest album 'Harmony': 2 wds.
22. Ms. MacNeil
24. Good
25. Trend in manicures: 2 wds.
28. Green Gables girl
29. Approx. take-offs
30. Shakespearean verse
32. Angkor __ (Temple in Cambodia)
35. Pool nuisance
37. Pre-__ student
38. Rocker Bryan
40. Affiliation
41. Canadian grocery store chain
44. Diva's vocal
45. Power symbols for Pharaohs
46. Ads-emailed-in-bulk source
48. Maggie Smith's "Downton Abbey" role
51. Nitassinan is their homeland
52. Winnipeg's __ Park
56. French possessive
59. Miss Lane of comics
60. Canadian director David
62. "Before __ you go..."
63. Suffix to 'Billion'
64. Heckle
65. Rep.'s political rival
66. Parked cars areas
67. Tori of tunes

Down

1. USSR, to Russians
2. Toothbrush brand, __B
3. The great victory, and sacrifice, of the Canadian Corps of April 9th to April 12th, 1917: The Battle of __
4. Clairvoyance, commonly
5. French aviation pioneer, Clement __
6. Egypt's river
7. City on the Rhein
8. She gave Theseus thread to escape the Minotaur's labyrinth
9. " __ & Prejudice" (2005)
10. Vancouver-born actor Seth
11. Intelligent
13. Penne, for example
15. Actress, __ Dallas Howard
17. Approaches
21. Designer, Oscar de la __
23. Ingrid's "Casablanca" (1942) role
25. "Nifty!"
26. Mythical Hun king
27. Pyramids, pretty much
28. Comic actor Mr. Samberg's
31. Social pages word
32. Canadian __ (Military attraction in Ottawa): 2 wds.
33. Marie-Claire's friend
34. Ivan the Terrible's job
36. German industrial city
39. Rhett's famous word
42. Hakim __ (Eyewear chain)
43. Back
45. Names on it are Brad, Halle, George, etc.
47. Concerning
48. Authenticated
49. River of Brittany in France
50. Susan Aglukark song: " __"
53. Vigour
54. Astronomy's __ cloud
55. Chemical suffixes
57. Rubik's Cube inventor, __
58. Mil. titles
61. Farm call



Yesterday's Crossword

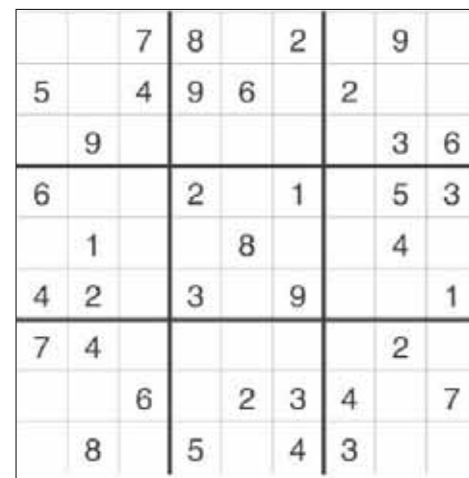


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

1°/-6°

Flurries

40%

Friday

-2°/-6°

Sunny

Your #1 weather forecast now available in HD.

Check your local listings for details.

The Weather Network HD

TWN incorporates MSC data

NOW MORE MEN & BIGGER PACKAGES

FREE TRIAL

Cruiseline

902.431.6725

Other cities: 1.877.882.2010

1.900.561.8888 (75 min/\$25)

Text "CRLINE" to 31414 (10 min, 30¢)

www.cruiseline.ca

nightline

where naughty is nice

60 MINUTE FREE TRIAL

902.444.5533

OTHER CITIES 1.877.834.4044

Text "SCORE" to 6669 10/min

1.900.561.5555

Dial #DATE (4383) 10/min

33¢/60min

NIGHTLINECHAT.COM

grapevine

personals.com

FREE OFFER

FRIENDSHIP // DATING // LOVE

902.491.1600

Other cities: 1.877.CHAT.810

Text "VINE" to 94669 15¢/min

1.900.783.3333

12¢/90 minutes

SPECIAL DARTMOUTH DODGE RAM PURCHASE



**EXCLUSIVE TO
DARTMOUTH DODGE**

**LIMITED
QUANTITY!**

2013 Dodge Ram 1500 SXT Quad Cab 4x4

Stock No.
13RQ9156



QUAD CAB INCLUDES:

- 4.7L V8
- Air Conditioning
- Speed Control
- Power Windows
- Power Locks
- Alloy Wheels
- Satellite Radio
- Tow Package

**LIMITED TIME
OFFER!**

2013 Dodge Ram 1500 SXT Crew Cab 4x4

CREW CAB INCLUDES:

- 4.7L V8
- Air Conditioning
- Speed Control
- Power Windows
- Power Locks
- Alloy Wheels
- Satellite Radio
- Tow Package
- Remote Start
- Fog Lamps

Stock No.
13RC4569



DARTMOUTH

CHEVROLET DODGE // Jeep RAM

Where Nova Scotia Comes to Save!

469-9050

DDODGE.COM

*Prices exclude Freight, Taxes + Fees. Vehicles not exactly as shown. Reverts to Dealer OAC.